



www.buchanan.army.mil/mwr

Also under the Installation's P-Drive; DCA folder.

Reisure

GUIDE

Fort Buchanan, Puerto Rico
March 2003

LET'S GET THE BALL ROLLING at BUCHANAN BOWL



CAFE
3000

More than
Bowling...

See page 9.





Employee of the Year 2002



Wilda Díaz

**Wilda Díaz from Fort Buchanan
Army Community Service.**



Employee of the Month January 2003



Alicia Ramos

**Alicia Ramos from Fort Buchanan
Child Development Center.**

**January's DCA Employee of the Month
runner-up: Luis Pantojas from
Fort Buchanan Child Development Center.**

Fort Buchanan Directorate of Community Activities/ MWR

Director of Community Activities

Mr. John J. Cuite • Tel. 787-707-3530
Bldg. 1018-D, Buchanan Heights

Community Operations Division

Chief: Mr. Ricardo Alvarado • Tel. 787-707-3070
Bldg. 1017-A, Buchanan Heights

Community Recreation Division

Chief: Ms. Mary Davison • Tel. 787-707-3301
Bldg. 1017-A, Buchanan Heights

Financial Management

Chief: Mrs. Marisol Archibald • Tel. 787-707-3309
Bldg. 1022-C, Buchanan Heights

Child & Youth Services

Chief: Dr. Irma Julia • Tel. 787-707-3399
Bldg. 1020-A, Buchanan Heights

Army Community Service

Acting Chief: Mr. Rafael Gilestra • Tel. 787-707-3481
Bldg. 1019, Buchanan Heights

DCA Marketing & Advertising Staff:

Mrs. Myrna Narváez- M&A Chief
Ms. Jannette Yambó- Marketing Assistant
Mrs. Neysa Maldonado- Illustrator
Mr. Ricardo García- Illustrator
Ms. Margarita Bell- Marketing Clerk

Monthly Publication

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For information or suggestions: call
Fort Buchanan, DCA Marketing & Adver-
tising, **Tel. 787-707-3711/3716.**

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- All information contained herein is subject to change or cancellation without prior notice.

Community Club
LUNCH
OF THE DAY:

A different menu daily

\$5.25

Includes Meat Item,
Rice or Potato, Vegetables,
Rolls & Butter and
one serving of Fountain Soda
One choice of small salad
or small soup included.

Tuesday thru Friday
Caparra
Dining Room
11:00 am - 1:30 pm

**MOST
EXcellent**

ACOE Customer Card Comment:

About Army Community Service:
"Excellent activities; courteous and
friendly employees."

About The Automotive Skill Center:

"Excellent service, the entire staff went out
of their way to be helpful."

DCA highlights of the month...

El Conquistador Latin Club

Mardi Gras
Celebration

7 March

• Live Music at 9 pm.

Sunday Brunch at the Community Club • 16 March

11 - 2 pm *Featuring live music.*

Fee: \$15.95 per person

E-4 and below \$10.95

Children ages 0 - 5: Free

Ages 6 - 11: \$7.95

International

Seafood Buffet

at the Community Club

• **Thursday, 20 March**

5 - 7 pm, at "El Dorado" Room



ARMY EMERGENCY RELIEF CAMPAIGN

3 MARCH - 30 APRIL

Your contributions help the Army take care of it's own. We encourage you to support the people that serve our nation with their dedication, skills and courage. To make your contribution contact 1LT Alexander Rivera at : riveraex@usarso.army.mil, or the project officer Mr. Octavio Fernández at **787-707-3310/3804**.

DCA Events to watch in April:

**CHILD & YOUTH SERVICES
INVITES THE FORT BUCHANAN
CHILDREN AND FAMILIES TO THE**

Easter EGG HUNT

**MARK YOUR CALENDAR FOR
SATURDAY, 19TH APRIL
PEE WEE FIELD AT 10 AM
GAMES, SURPRISES & FUN!**

More information
call 787-707-3569/3787



Month of The Military Child

activities for the family throughout the entire month!

- Proclamation Ceremony, Fri, 4 April, 9 am
- Easter Egg Hunt: Sat, 19 Apr
- CYS Family Day & Youth Volunteer Recognition: Sat, 26 Apr, 11 am at the WaterSpout

Library Week Bookmark Contest

13 - 19 April, at the Fort Buchanan Library

Teen Workforce Preparation Course

Mon, 14 - Thu 17, April.

Golf Club Championship

25 - 27 April at Fort Buchanan Golf Club.

Easter Egg Hunt Sponsors: *flan-es-Cedó*



army community service



ARMY COMMUNITY SERVICE

Mr. Rafael Gilestra, ACS Acting Chief
Tel. 787-707-3292 • 7:00 a.m. - 4:30 p.m.

Exceptional Family Member Program

Special Needs Family Support Group

Monday, 10 March 2003, 1 - 3 pm
at ACS Conference Room, Bldg. 1019,
Buchanan Heights. For more information
call ACS/EFMP, Fort Buchanan at
787-707-3295.

Family Advocacy Program

Workshops:

• Active Parenting Support Group

The objective of this support group is to help parents to acquire effective skills to discipline children of all ages. A certificate will be issued at the end of 6 sessions.

- **Session V** Thu, 6 March, 10 am - 12 noon
- **Session VI** Thu, 13 March, 10 am - 12 noon
- **Session 1** Thu, 20 March, 10 am - 12 noon
- **Session 11** Thu, 27 March, 10 am - 12 noon

Stress/Anger Management for Parents and/or Couples

Wednesday, 26 March, 3 - 4 pm at ACS Conference Room, Bldg. 1019, Buchanan Heights. Learn the causes of stress, how it affects your life as a parent in the military, and how to calm everyday pressures.

Family Advocacy Committee Meeting

Thursday, 13 March, 1:30 - 3:30 pm,
CDR's Conference Room, Bldg. 399.

Annual Mandated Training (IAW AR 608-18)

Covers definition of domestic violence, reporting procedure, education and treatment resources for families and soldiers. Every Unit/Dept.'s training Coordinator must **call in advance** to schedule their Unit/Dept.'s training.

Call for the starting date of Common Sense Parenting six sessions training (in English or Spanish)

Classes offered at ACS, Bldg. 1019, Buchanan Heights. For information call Wilda Díaz at 787-707-3709.

FAP, New Parent Support Program

Call 787-707-3381 for information and activity schedule.

Celebrate Volunteers The Spirit of America

Youth & Adult Volunteer Recognition CEREMONY

youth Sat, April 26 '03 • 11am - 5 pm
at The WaterSpout (water park)

adults Wed, April 30 '03 • 11am - 2 pm
at the Fort Buchanan Community Club

• For more info, call Volunteer Office at 787-707-3296/3687 or stop by Bldg. 1019, Buchanan Heights.

• Lunch provided for registered volunteer and one guest, others pay \$7.00*

*only pay at adult ceremony.

Financial Readiness Program

• Debt Liquidation

Debt payment planning and goal setting. **Wed, 5 March, 10 - 11 am**

• Using Credit Wisely

The pitfalls of using credit; difference between credit cards and ATMS's. Credit laws that protect borrowers. **Wed, 20 March, 10 - 11 am.**

For information call 787-707-3310, or e mail: fernando@usarso.army.mil

Army Family Team Building

For information concerning the **AFTB Program**, please contact Mr. Ernesto Berríos 3290 or e-mail: berriose@usarso.army.mil.

Installation Volunteer and Employment Readiness

English and Spanish Classes

Designed to increase conversational skills in both languages. *Next class starts on 1 March.*

Community Mayoral Meeting

Friday, 7 March, 9 - 11 am at Commander's Conference Room, Bldg. 399.

Résumé Class

Wednesday, 19 March, 9 - 11 am at ACS Conference room, Bldg. 1019, Buchanan Heights.

For information or to register contact Ernesto Berríos at 787-707-3290 or e-mail: berriose@usarso.army.mil.

Relocation Readiness Program

“Native Puerto Rican Cooking Class”

for Volunteers and Community

Wednesday, 5 March, 10 am - 1 pm at ACS Conference Room, Bldg. 1019-D, Buchanan Heights. Tel. 707-3682. Relocation Readiness Program and Installation Volunteer Program.

Dress-up for Success

Friday, 14 March, 10 am - 12 noon at ACS Conference Room, Bldg. 1019-D, Buchanan Heights. Learn to dress with the right colors, style, and also a “make-up application” class for a job interview.

Farmers' Market Trip

Thursday, 13 March, 8:30 am - 12:30 pm via public transportation. Visit fresh produce, specialty, and bargain shops. Tour is free—cost of bus is 50 cents round trip. Meet at the golf course and walk to bus station outside Golf Gate.

Returning Stateside Move

Wednesday, 19 March, 3 - 4 pm at ACS, Bldg. 1019, Buchanan Heights. When you arrived in Puerto Rico, you may have experienced some “culture shock”. Since then you have adjusted, but now you are returning to the States and you may again experience some cultural changes. This orientation will not only help you prepare for “REVERSE CULTURAL SHOCK”, but it will provide you with detailed information for a smooth move.

Health/Local Info. Tour

Friday, 21 March, 8:30 am - 12:45 pm. leaving from ACS, Bldg. 1019, Buchanan Heights. This is a mandatory tour for all newly arrived soldiers and family members are highly encouraged to attend. A briefing from TRICARE and Health Clinic Staff from 8:30 - 9:00 am and a tour which will include a drive by local hospitals and Clínica Las Americas.

Newcomers' Information Fair and Tour

Thursday, 27 March. An introduction to the installations' activities will be from 7:30 - 8:30 am. Bus departs the Community Club at 8:40 am for a tour of El Morro and Old San Juan. Returns to the club at approximately 2 pm. Tour is free except for the cost of lunch. *Free childcare available on a space available basis.*

For info. call Ms. Lucca at 787-707-3682.

recreation delivery...

WATER SPOUT
New sessions starting in March...

CHILDREN

Swimming Classes

For Boys and Girls 6 to 13 years old

Group A*
Mon thru Thu
• 5 - 6 pm

Group B*
Mon thru Thu
• 6 - 7 pm

Fee: \$30 per child for 8 sessions

*maximum of 30 children per group



WATER AEROBICS



Tuesdays and Thursdays
6 - 7 pm at The WaterSpout
\$30 - 8 sessions



ADULT SWIMMING

lessons

Tuesdays & Thursdays
7 - 8 pm at The WaterSpout
\$25 per person 8 sessions

For more information call **787-707-3550**
The WaterSpout, Bldg. 161, Fort Buchanan

information • ticketing & registration



ITR Services

- Tourist Information
- Discounts for Hotels/Inns
- Scheduled island wide tours
- Points of contact for local tourism offices
- Points of contact for airline tickets, prices/cruises, rates, general information
- Assist groups in obtaining discounts
- Brochures, fliers, and information on various points of interest
- Discount in Theater Tickets

3 (for patrons with valid ID card)

Ferry Rides to Relax in the White Sands of St. Thomas

Get there on a round trip ferry ride that leaves from Fajardo to St. Thomas at 8 am and returns from St. Thomas at 4:30 pm (2 hours each way). Music, food and beverages available on board.

Fees: Adults \$70/ Children ages 2 - 4: \$35/ ages 5 - 11: \$55/ One way \$50 (Birth certificate copy and photo ID required). A tour that includes "The Aquarium", a tour around the city, and "El Poblado" for shopping is available for an additional fee (Tour: \$28 adults/ \$19 children ages 5 - 11). Call ITR for details.

Information, Ticketing & Registration at AAFES Complex, Bldg. 689

Monday - Friday 9 am - 6 pm

Saturdays, 9 am - 3 pm

Holidays: Closed

Telephones: 787-707-7620,

787-707-7625 Fax: 787-707-7605

E-mail: itr@coqui.net

ITR services are available for active duty military, family members, retirees, and DoD civilian employees.

Enjoy with your family at Rincon's **Parador Boquemar**
Only \$260 for 2 days/2 nights.
Contact ITR for more details.

Get the Best Deals in:

AIRLINE TICKETS

- Copa • Delta • US Air
- American Airlines

CRUISE LINES:

- Royal Caribbean
- Carnival Cruise
- Disney Cruise

AND LOCAL LODGES (PARADORES) AND TOURS.

Call ITR at 787-707-7620/7625 or visit us at PX Complex, Bldg. 689 for bookings or information.

St. Patrick's
Special Prize for the man or woman establishing a new record... Current Records: Men 15:31 Women 23:40

5 Km Race
T-Shirt for the First 84 Registrants

**Saturday, March 15, 2003
4:30 pm at the Fitness Center**

Categories: Male: 15 - 18, 19 - 26, 27 - 35, 36 - 45, 46 - 54, 55+
Female: 15 - 24, 25 - 34, 35 - 44, 45 - 54, 55+

For more information call 787-707-3277. To register visit the Fitness Center at Bldg. 167

Fees:
• Active Duty & Family Member \$5
• Others \$8
• Late Fee (same day of race) add \$3



Walking

Walking has become one of the most popular forms of physical activity. It requires little equipment or training — all you need to get started is a good pair of shoes. Moreover, you can do it practically anywhere throughout the year. Walking is convenient and relatively risk-free.

Safety Tips

- When possible, use the sidewalk.
- Walk against traffic.
- Wear reflective clothing.
- Stretch before and after each walk.
- Vary the terrain (include both flat and hilly surfaces).
- Don't wear headphones.
- Be aware of your surroundings (people, animals, automobiles, etc.)

Exerpts from InteliHealth.com

Walking Program:

Enjoy the benefits of group exercise outdoors. Mondays & Wednesdays, 5 - 6 pm. Call the Fitness Center at 787-707-3767 to join.



GOLDEN AGE PROGRAM

For authorized patrons 50 years of age or over. Tue & Thu, one hour daily (9 - 10 am). You will exercise and socialize with others. Activities include: assessments, group fitness classes, stretching, calisthenics, health clinics, aquaerobics, weight training, and more.

• Medical certificates are required. For registration call 787-707-3767.

FITNESS & HEALTH FAIR

**Thursday, 20 March
8 am - 12 noon at Fort Buchanan
Fitness Center, Bldg. 167
FREE!**

Fitness & Health Information Booths with:

- Orientations • Demonstrations
- Assessments, and more!

For more information call 787-707-3767

Family FITNESS on wheels

Bring your bike, scooter, skateboard, or rollerblades, and have some fun!

Saturday, 8 March

FREE! A non-competitive activity to promote fitness for the entire family, any age!

Leaving from Fort Buchanan Fitness Center, Bldg. 167 from 8:30 - 10 am.

Safety helmet and reflector belts are required. For more information or to register call 787-707-3767.

Children 12 years or under must be accompanied by an adult.

A pre-event for the Outdoor Cycling Trip to Piñones Boardwalk.

MWR is for all of your life... DCA Marketing & Advertising 012303

“The essence of the MWR mission is to foster and support improved productivity, mental and physical fitness, individual growth, positive values, and family well-being.”

Sports Seminar at Fitness Center's Health Fair

A Sports Seminar on Health will be offered at the Fitness & Health Fair, 20 March, 9 am at the Fitness Center. The seminar will be offered by Dr. José Jiménez, an Army Retired Major, currently with practice at the Presbyterian Ashford Medical Center in the Condado Area. He specializes in Nuclear, Internal, and Sports Medicine. His last station in the military was in Fort Buchanan, at the Rodríguez Health Clinic.

The lecture is offered at no cost to attendees.

YARD SALE

Just like a "Treasure Hunt..."
find out what's there for you



Saturday, 15 March

**At the Fort Buchanan
Cabaña Picnic Area**

8 am - 2 pm

To reserve a selling space or for more information visit ITR at the PX lobby, or call 787-707-7620/3301.



Read Across America; Dr. Seus' Birthday

Monday, 3 March,
3 - 5 pm, SAS, Bldg. 148. A
program of the National
Education Association that
motivates children to read.

SAS Extended Care; Bicycle Safety Day

Monday, 17 March,
9 - 11 am, SAS, Bldg. 148.

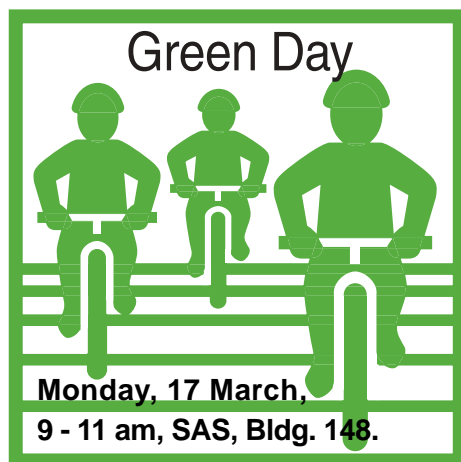
Parent Advisory Committee Meeting

Tuesday, 18 March, 6 pm at
CDC, Bldg. 348. Child care
available for participants.

SAS Parent Orientation

Thursday, 27 March, 10 am,
SAS Bldg. 148.

St. Patrick's Bicycle Safety Rodeo



Middle School Dance

Friday, 14 March, 7 - 10 pm at
Antilles Middle School Cafeteria.
Admission: \$3 per teen. Refresh-
ments will be sold at the food
stand.

Summer Camp Registra- tion Coming-up - 6 May.

Watch for more details in the
next DCA Leisure Guide issue.

Modern Dance Classes

For youth from 6th to 12th grades.

Students will learn about modern dance
and other types of dance including social and
cultural dances. They will create their own
choreographed dances as the group's final
product, expanding their sense of creativity
and self-discovery.

Classes on Tuesdays. From 4 - 5 pm for
beginners, and 5 - 6 pm for intermediate and
advanced students. Fees: \$30 per 4 classes
monthly (one hour class per week). Call CYS
at 787-707-3783, or visit Bldg. 1020 A/B,
Buchanan Heights for more information.

Dramatic Arts Classes

For youth from 6th to 12th grades.

The essence of this program centers upon
the concept of feeling part of a group. It also
promotes students to interact positively with
each other. Students are taught how to discover
their abilities, improve communication skills,
physical skills, and build self-confidence and
self-awareness.

Classes on Thursdays. From 4 - 5 pm for
beginners, and 5 - 6 pm for intermediate and
advanced students. Fees: \$30 per 4 classes
monthly (one hour class per week). Call CYS
at 787-707-3783, or visit Bldg. 1020 A/B,
Buchanan Heights for more information.



CYS Baseball Opening Ceremony

Saturday,
15 March, 8 am
at McArthur
Baseball Field.

USDA Program Orientation

For Parents
Tuesday,
4 March, 6 pm at
the Child Devel-
opment Center,
Bldg. 348.

March is National Nutrition Month
Fort Buchanan
School Age Services
invites you to...

**World
Health Day**
Keeping your
Mind & Body
Healthy
Friday, 7 March
3:30 - 4:30 pm
SAS, Bldg. 148

**Healthy Meals
for
Healthy
People**
A Parent Education
Workshop
Thursday, 20 March
10 am, SAS, Bldg. 148
The workshop will end
with a simple healthy
lunch! Join us.

For more information call 787-707-3280.

March is National Nutrition Month
Let's Watch What our Children Eat...

**USDA Food Program
Parent's Education Workshop on
Good Nutrition for Our Children**
Tuesday, 4 March
5 - 6 pm at Fort Buchanan Child Development Center, Bldg. 348

For more information call 787-707-3388/3769.

sports & fitness



Fort Buchanan Fitness Center & Sports Program

Sports Director:
Luis Robles, 787-707-3277

Fitness Center Manager:
Roberto Fernández,
787-707-3767

Schedule:

Civilian Wellness Program:

DoD employees are authorized work time up to 3 days per week, 1 hour a day, for 6 consecutive months to participate (*once during employee's career*). Enrollment at the Fitness Center, with medical certificate signed by doctor, supervisor's authorization, and health risk questionnaire. For information call **787-707-3767**.

Walking Program:

Mondays & Wednesdays, 5 - 6 pm. Call the Fitness Center at **787-707-3767** to join.

Golden Age Program:

For patrons 50 years of age or older. Socialize and enjoy physical activities. Tuesdays and Thursdays from 9 - 10 am. Medical certificate required. Sign-up at **787-707-3767**.

Strength Training Class:

Fridays at 9 am

Aerobics:

Mon, Tue and Thu,
5:30 pm

Spinning Class:

Wednesdays, 6 pm
Mon to Thu, 12 noon
Mon to Thu, 4:30 pm
Saturdays, 4 pm
Must reserve the day before at 787-707-3767.

AEROBIC MASTER CLASS

A special guest teacher will give **75 minutes** of a master's class. See if you're up to the challenge!

Wednesday, 12 March
starting at 5:30 pm
at the Fort Buchanan Fitness Center, Bldg. 167.
For more information call **787-707-3767**.

child & youth services

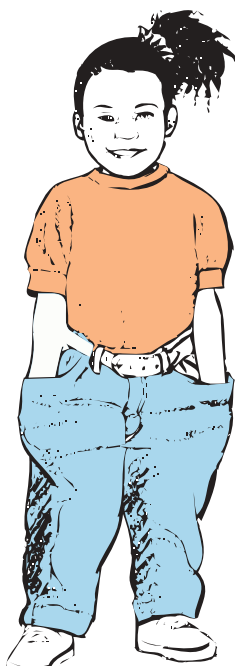


Our Mission is Caring...

- Dr. Irma Julia, CYS Chief
Tel. 787-707-3399
- Ms. Carmen Dieppa, CDS Coordinator
Tel. 787-707-3598
- Mr. David E. Parritt, YS Director,
Tel. 787-707-3434
- Ms. Arlene Muñoz, Sports Specialist,
Tel. 787-707-3466
- Ms. María Martínez, SAS Director, Tel. 787-707-3468
- Ms. Carmen Ortiz, MSP Director, Tel. 787-707-3783

707-KIDS

A hotline to express your concerns or alert the School Liaison Officer and the Command of issues related to our youth.
7 A way for the community to support our youth.



Unauthorized Child Care

Unauthorized Child Care is defined as care provided to children in Government quarters exceeding 10 hours per week regardless of the amount of children served.

The following procedures will be followed when unauthorized child care is brought to the attention of the Child and Youth Services (CYS) Chief and/or the Family Child Care (FCC) director:

- FCC management personnel will visit the home within 3 working days, to verify whether or not an individual is operating and FCC home without valid certification.
- If it is determined that care in excess of 10 hours per week is being provided, the individual providing care will be informed in writing within two working days after the visit of the violation and given notice to cease care immediately.

- The parents of the children in care will be notified of the status of the individual providing care; and that the person is not certified.
- When an individual who has been notified in writing of violation of Army FCC requirements, has made no attempt to begin the certification process (within 10 days of receipt of notice of violation) and continues to provide care, CYS will again notify the Installation Commander and the Department of Public Works (DPW), Housing section in writing along with a recommendation as to further action.

For more information about unauthorized care, and/or if you have identified a person providing unauthorized care in any housing area in Fort Buchanan, please contact immediately Ms. Carmen M. Dieppa, CDC Coordinator at 787-707-3598, or Ms. Irma Julia, CYS Chief at 787-707-3399 for further action.



post library

John Tejera, Post Library Manager

• Telephone: 787-707-3280 • Fax: 787-707-3480/3210
• E-mail: jtp@coqui.net • Library Website: home.coqui.net/jtp

March's Story Hours at the Library

The Fort Buchanan Post Library offers a pre-school story hour along with a thematic craft the second and fourth Wednesday of each month.

Wed, 12 March from 3 - 4 pm. *Theme:* Nutrition Month

Wed, 26 March from 3 - 4 pm. *Theme:* Pig's Day

The Post Library, Bldg. 518, next to the "Banco Popular."

Sign-up at the library or call 787-707-3208

Note: a parent or guardian must accompany children during the activity.

• **Fort Buchanan Library has check-out movies in VHS or DVD's for authorized patrons at no cost. Take advantage of this convenience!**

• **Portable CD Players w/ headphones can be checked-out for use inside the Library. (For ID card holders)**



Creative Cooking Workshop

Wednesday, March 19, 2 - 3 pm. Make a fast microwave dish in 30 minutes or less. Workshop will teach you how to save time in planning and preparing a delicious dish. Sign-up begins Saturday, 1 March.

Computer Orientation: RESUMIX

Thursday, 20 March, 2-3 pm. Join us in a briefing on the use of RESUMIX. This is a Department of the Army referral system that has been used for filling vacancies under Merit Promotion Procedures, and many other Department of the Army Agencies.

Women's History Month

1 - 31 March. A Book and Portrait Display of notable women throughout history.

recreation delivery service

Scuba Events for March

Scuba Trip
to



Desecheo
Island

Saturday March

• Departing at 5:30 am from Bldg. 66

Trip price is \$70 with your own equipment, and \$79 with MWR equipment. (Per person, two dives.) Transportation to dive site not included. Must sign-in by 1 March.

For more information call 787-7073734 or 787-309-6556 or visit Equipment Checkout, Bldg. 67 Mondays and Fridays from 8 am - 5 pm. Saturdays from 8 am - 12 noon. Minimum age for classes: 12 with parental consent; age 10 with parent or guardian present. Registration at Equipment Checkout.



Class Schedule:

Open Water Class 4
3 - 22 March,
\$115 per student

Advanced Open Water Class
8 - 9 March,
\$125 per student

Equipment Maintenance
5 March

Underwater Photography
12 and 19 March
(2 dives)

Scuba Monthly Trips
have been cancelled until
further notice.

Equipment
Check-out has
rental items for
your projects:

- TOOLS
- OUTDOOR RECREATION OR SPORTS EQUIPMENT
- MAINTENANCE EQUIPMENT

Visit us at Bldg. 67
or call 787-707-3734
Mon & Fri, 8 am - 5 pm
(until 4:30 pm to turn-in or
pick-up equipment)
Saturdays 8 am - 12 noon



buchanan bowl

BUCHANAN BOWL

Luis Torres, Bowling Center Manager
Tel. 787-707-2695

Bowl & more...

- Birthday Party Packages
- Snack Bar
- Sports Pub

Try our
"Comida Criolla" for lunch
Rice & beans with local favorites,
including "tostones." Mon thru Fri,
starting at 11 am until the pot is empty!



**CAFE
300**

The Fun Place to Eat Lunch!



Sandwiches, Burgers, Hot Dogs, side
orders (including tostones) and more!

Ask for our combos.

Located at Bldg. 168.

Phone: 787-707-3272 or
787-273-0220. See you there!

Bowling Hours of Operation:

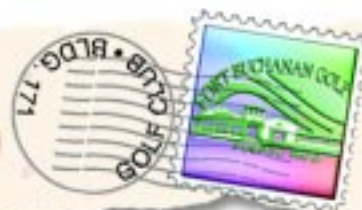
Hours are subject to change.

Sat & Mon 11 am - 11 pm
Tue, Wed, Thu 11 am - 10 pm
Fridays 11 am - 12 pm
Sundays 12 noon - 9 pm

Bowling Sports Pub:

Fridays 5 - 11 pm
Mon, Tue, Wed & Thu 5 - 10 pm

golf club



GOLF CLUB

Jerome Hesby, Golf Club Manager
Tel. 787-707-3980
Pro-shop 787-707-3852
Fax: 787-273-7233
E-mail: golfbuch@coqui.net

Learn some Golf!

Free Clinics Saturdays
Kids every Saturday.
Ages 3 - 6 from 11:30 am - 12 noon;
ages 6 - 16 from 12 - 1 pm.
Ladies 1st & 3rd Saturday;
Men every 2nd and 4th Saturday
Call 787-707-3852 to register.
Clinics suspended on
tournament days.

Month End Madness 2 Person Scramble

Friday, 28 March
Showtime 12 noon ; Shotgun start
12:30 pm.

Fees: \$30 per Member/Active
duty military; \$40 guests
A \$5 late registration fee applies
after 27 March, 6 pm.

Includes: Carts, Boxed Lunch,
Beverages on Course,
Hors d' oeuvres, and prizes.



American Red Cross
GOLF TOURNAMENT

Fundraiser

**Friday,
March 14**

**at Fort Buchanan's
Golf Course**

Show: 12 noon/ Shotgun start: 12:45 pm.
Register at the Golf Club, Bldg. 171.

2 person team scramble- 50% low handicap
(maximum 56 players)

Fee: \$50* per person (payable to the American Red
Cross). A \$5 late registration fee applies after 12 March,
5 pm.

Includes: Green fees, Carts, Boxed Lunch, Beverages
on Course, Hors d' oeuvres.

Mulligans \$5 each; maximum 3 persons.

* Tax deductible.

MWR
is for all of your life...

Fort Buchanan Community Club



**El Conquistador
Latin Club**

PRESENTS:

Mardi Gras

7 March

Starting at 4:30 pm.

Live Band at 9 pm.



**FREE
ADMISSION**

Dancing Music every Friday

starting at 4:30 pm

Sunday Brunch

16 March

Featuring Live Music &
a Lavish Buffet, 11 am - 2 pm

\$15.95 adults

\$10.95 E4 and below

Children ages 0 - 5 free; 6 - 11 \$7.95



International

Seafood

Buffet

Thursday, 20 March

5 - 7 pm at The Community Club

"El Dorado" Room

Bingo Nights

Jackpots: 2k, 3k & 4k

Tuesdays and Thursdays, 6 pm

Cards sold at 5 pm

Early Bird Bonanza Bingo.

Each package: \$35 (21 games)

*Fort Buchanan
Community Club*

membership

Membership benefits for Active Duty
Military, Retirees, Reservists,
National Guard, DoD Civilians,
Federal Employees and Friends of
the Military. Call the Club for
information.

Community Club, Bldg. 660, Fort Buchanan. Tel. 787-707-3535, Ext.-203
For Catering information call Ext. 206, or 787-528-5319.